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they seek Me in the purity of good works. I do not wish, however, that they should take part in the ministry of My altar, but that they should humbly fulfil their virtue in good works.

### 76 Women should not approach the office of the altar $\triangleleft$

So too those of female sex should not approach the office of My altar; for they are an infirm and weak habitation, appointed to bear children and diligently nurture them. A woman conceives a child not by herself but through a man, as the ground is plowed not by itself but by a farmer. Therefore, just as the earth cannot plow itself, a woman must not be a priest and do the work of consecrating the body and blood of My Son; though she can sing the praise of her Creator, as the earth can receive rain to water its fruits. And as the earth brings forth all fruits, so in Woman the fruit of all. good works is perfected. How? Because she can receive the High Priest as Bridegroom. How? A virgin betrothed to My Son will receive Him as Bridegroom, for she has shut her body away from a physical husband; and in her Bridegroom she has the priesthood and all the ministry of My altar, and with Him possesses all its riches. And a widow too can be called a bride of My Son when she rejects a physical husband and flees beneath the wings of My Son's protection. And as a bridegroom loves his bride with exceeding love, so does My Son sweetly embrace His brides, who for love of chastity eagerly run to Him.

# 77 Men and women should not wear each other's clothes except in necessity

A man should never put on feminine dress or a woman use male attire, so that their roles may remain distinct, the man displaying manly strength and the woman womanly weakness; for this was so ordered by Me when the human race began. Unless a man's life or a woman's chastity is in danger; in such an hour a man may change his dress for a woman's or a woman for a man's, if they do it humbly in fear of death. And when they seek My mercy, for this deed they shall find it, because they did it not in boldness but in danger of their safety. But as a woman should not wear a man's clothes, she should also not approach the office of My altar, for she should not take on a masculine role either in her hair or in her attire.

## 78 God will judge all perpetrators of fornication, sodomy and bestiality

Let those who approach My altar appear in My sight in chastity, as also should those who desire to receive the sacrament of the body and blood of My Son, lest they should fall into ruin. For many are found among both spiritual and secular people who not only pollute themselves in fornication with women but also assume a heavy burden of condemnation by contaminating themselves in perverted forms. How? A man who sins with another man as if with a woman sins bitterly against God and against the union with which God united male and female. Hence both in God's sight are polluted, black and wanton, horrible and harmful to God and humanity, and guilty of death; for they go against their Creator and His creature, which is in them. How?

God united man and woman, thus joining the strong to the weak, that each might sustain the other. But these perverted adulterers change their virile strength into perverse weakness, rejecting the proper male and female roles, and in their wickedness they shamefully follow Satan, who in his pride sought to split and divide Him Who is indivisible. They create in themselves by their wicked deeds a strange and perverse adultery, and so appear polluted and shameful in My sight.

And a man who sins with a woman by this same method of perverted fornication is a voracious wolf of wickedness. How? A person would seem perverted and harmful to other people if he threw away beautiful clean food and ate the ordure that comes out of the body in digestion; and these are in My sight equally unworthy and unclean, since they forsake the proper way of uniting with a woman and seek in her an alien sin. And a woman who takes up devilish ways and plays a male role in coupling with another woman is most vile in My sight, and so is she who subjects herself to such a one in this evil deed. For they should have been ashamed of their passion, and instead they impudently usurped a right that was not theirs. And, having put themselves into alien ways, they are to Me transformed and contemptible.

And men who touch their own genital organ and emit their semen seriously imperil their souls, for they excite themselves to distraction; they appear to Me as impure animals devouring their own whelps, for they wickedly produce their semen only for abusive pollution. And women who imitate them in this unchaste touching, and excite themselves to bodily convulsions by provoking their burning lust, are extremely guilty, for they pollute themselves with uncleanness when they should be keeping themselves in chastity. Hence both women and men who elicit their own seed by touching themselves in the body do a filthy deed and inflict ulcers and wounds on their souls; for they will not keep themselves in a state of chastity for love of Me. What does this mean? When a person feels himself disturbed by bodily stimulation, let him run to the refuge of continence, and seize the shield of chastity, and thus defend himself from uncleanness. How? Let him cast out the tares from the wheat, which is to say, let him separate the clamor of lust from the sweetness of chastity.

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And whoever thus casts out of himself the taste for lust is very sweet and lovable to Me. But, O humans, you cast away chastity and love lust when you fornicate not only with other people but even with animals; thus you send your seed not into what lives but into what is dead, and you forsake what is equal to you and desire what is subject to you and serves you. Therefore the elements cry out against you, saying, "Alas, alas! our rulers join with us in the mingling of their seed!" And thus they show their grief at My anger against your deeds. Why then do you, knowing yourselves human, convert your intelligence into bestial stupidity? Did I create you to join with animals? Never. And when you unite with them, the guilt of the most bitter crimes falls upon you, because you scorn the plan I made for the joining of male and female. For whoever transforms himself by his deeds into a depraved follower of his own desires, and pours out his semen with an animal, brings on himself great ruin, as Satan cast himself down by his perversity when he tried to be like God.

Therefore, all you who contaminate yourselves with perverted pollutions, resist your desires; chastise your bodies, and give yourselves over to true and bitter penance with weeping and fasting and torture of your flesh and severe blows, lest you send yourselves impenitent into an excess of cruel guilt.

### 79 Pollution that occurs in sleep

I want men not only to keep themselves clean of impurity while awake, but also to purify themselves properly from the pollution that happens to them in sleep. For if the semen of a man who sleeps and dreams is stirred up unawares, I do not want him to approach the sacramental office of My altar in that condition of ardent heat; he should first calm that ardor in himself, as it is written:

80 Words of Moses on this subject

"If any man among you is defiled in a dream by night, he shall go forth out of the camp, and not return until he washes himself with water in the evening, and then he shall return into the camp after sunset" [Deuteronomy 13:10-11]. What does this mean? If among the laborers in My service there is anyone who is defiled in a dream while he sleeps at night, he should separate himself from the company of those who serve My altar and not presume to join in the mystery until his injurious heat has passed and he has cleansed himself from the fire of his lust in the bath of penance, with confession and compunction of heart. And after that penance has done its work and illumined his heart, let him return in love of chastity among those who faithfully defend themselves against impurity, and worthily and honorably approach that sacrament, which is wholly in sanctity.

81 One who burns strongly should not add flame to his fire - End here.

But one who burns strongly in lust either asleep or awake should take care not to add flame to his fire. How? Let him not inflame himself by those foods that stir up lust. He should humbly abstain from the flesh of animals that come forth from their mothers naked and without covering, that is, beasts; for there is a fire of heat in them that is not as great in the flesh of birds, which are not born uncovered but as an egg covered with a shell, and therefore have less inflammatory power. And he should also abstain from excessive wine, lest by too much drinking his veins become filled with noxious blood and wickedly heated with ardent fire.

82 One who is weighed down by vices should seek God's mercy in confession

But if anyone labors under too great a number of these tendencies and is not able to resist them by himself, let him with devoted purpose seek Me and humbly uncover to Me the wounds of his heart. How? Let him lay bare these wounds to Me by making a humble confession to a priest. And why this? Because true confession is a second resurrection. How? The human race was slain by the fall of the old Adam; the new Adam by His death raised it up. And so the resurrection of souls arose in the death of the new Adam. And so a person should confess his sins, as the old Adam did not; for he concealed his transgression instead of confessing it. How? He did not confess it by repenting, but concealed it by accusing the woman. Hence confession was instituted, to raise people up after they fall. And so anyone who confesses his sins to a priest for love of Me rises again from death to life; as the woman who purged herself from her impurity with tears at the banquet in the presence of My Son was snatched away from uncleanness.

83 The remedy of purgation was long prefigured in the ancient fathers

This remedy of purgation was long prefigured in the ancient fathers. How? Before the Law the patriarchs and prophets were the consolation of humanity; under the Law the high priests and the ordinary priests were its instruction; and then the apostles came and brought true righteousness in My Son, so that many people hastened to them and devoutly implored their help. And thus from the time of Adam to the time of the apostles there were always

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